

your DO IT YOURSELF FUNKYBOWL

Choose your base, a sauce, three toppings,
two premium toppings and one extra.

(All bowls with wild herb salad and sesame^N.)

BASE

1

Brown Rice Mashed
Couscous^{A1,FL}
Potatoes^{F,O1,2,4}
Quinoa and Brown Rice
White Rice
Wild Herb Salad
Zucchini Noodles

1 INCLUDED.

SAUCE

2

Balsamic Raspberry^{FM,O1,3,4}
Curry Mango^{FN,1,3,7,9}
Cucumber Tahini^{FM,N,1,3}
Garlic Ginger^{AL,F,3,7,9}
Hot Chipotle^{FM,1,3}
Rocket Mustard^{A3,M}
Soy Peanut^{EF,1,3}
Thai Curry^{F,1,3,7,9}

1 INCLUDED.
Additional + 1,00€

TOPPINGS

3

Beetroot
Black Beans^{AL,FN,O,3}
Broccoli
Caramelised Onions^{O1,4}
Carrots
Cauliflower with Curry
Celery^I
Cherry Tomatoes
Chickpeas
Corn
Couscous^{AL,FL}
Cucumber
Edamame^F
Fried Mushrooms^{AL,F}
Grilled Vegetables
Kidney Beans
Peas
Pineapple
Red Cabbage Salad
Red Lenses^{AL,FN,3}
Roasted Cauliflower
Wild Herb Salad
Zucchini Noodles

3 INCLUDED.
Additional + 1,00€

PREMIUM TOPPINGS

4

Avocado
Blueberries
Dried Tomatoes^{O,2}
Falafel Balls^{A1}
Hummus^N
Hummus with Beetroot^{M,N,7}
Hummus with Peas^N
Hummus with Peanuts^{EF,N,1,3}
Kalamata Olives
Mango
Marinated Tofu^{AL,F}
Planted Chicken^M
Pomegranate Seeds
Sweet Potatoes¹
Vegan Kebap
Wakame Seaweed Salad^{AL,FN,1}

2 INCLUDED.
Additional + 2,00€

EXTRAS

5

Cashew Nuts^{H,4}
Chia Seeds
Coriander
Linseed
Peanuts^F
Pickled Ginger^{3,7,9}
Pine Nuts
Pumpkin Seeds
Roasted Onions^{A1}
Sunflower Seeds
Walnuts^{H,3}

1 INCLUDED.
Additional + 0,50€

from
€ 9,90

Order online at
funkybowl.de

**DELIVERY
SERVICE***

We deliver our fresh bowls,
salads and wraps to
your home!

*Minimum order value:
14€

BERLIN

Teltower Damm 33, 14169 Berlin
E-Mail: berlin@funkybowl.de
Owner: Mathias Preuhs

OPENING HOURS

Mon-Sun 11 a.m. – 8:30 p.m.



DÜSSELDORF

Nordstraße 46, 40477 Düsseldorf
E-Mail: d-pempelfort@funkybowl.de
Owner: Thomas Mandlik

OPENING HOURS

Mon-Sat 11 a.m. – 8:00 p.m.

Save waste and resources with reusable packages. All bowls and salads are
available in a REBOWL, a CO₂-friendly reusable packaging (deposit 5€).

Follow us on @funkybowl and /funkybowl

* You can pay cash, with EC card, PayPal, Sodexo- and Ticket Restaurant®-Coupons on delivery or at the store. For questions, suggestions, complaints call 0211 94254945 or send an e-mail to d-pempelfort@funkybowl.de. Minimum order value: 12,00 Euro. With this menu all previous ones lose their validity. ADDITIVES: ¹with colouring, ²with anti-oxidiser, ³with preservatives, ⁴sulfur dioxide / sulfites, ⁵with phosphate, ⁶with flavour enhancer, ⁷with sweetener. ALLERGENS: ^Acontaining gluten and products made therefrom (^{A1}wheat, ^{A2}barley, ^{A3}oats), ^Bcrustaceans and crustacean products, ^Ceggs and egg products, ^Dfish and fish products, ^Epeanuts and peanut products, ^Fsoybeans and soy product, ^Gmilk and milk products (including lactose), ^Hnuts (^{H1}almonds, ^{H2}hazelnuts, ^{H3}walnuts, ^{H4}cashews, ^{H5}pecans, ^{H6}pistachios, ^{H7}Brazil nuts, ^{H8}macadamia nuts), ^Icelery and celery products, ^Mmustard and mustard products, ^Nsesame seeds and sesame products, ^Osulfur dioxide and sulphites (from 10mg/kg or 10mg/l), ^Flupins and lupine products, ^Bmolluscs and mollusc products. Further information on additives, allergens and nutrition values on funkybowl.de, in the available information material or please ask a member of staff.

FUNKYBOWL
FEEL GOOD FOOD



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on your first order.
CODE: **funkyapp**

funkybowl.de



BOWLS

FUNKY MONKEY



delicious
WITH
CURRY
MANGO
SAUCE

BASE: Quinoa and brown rice
TOPPINGS: Grilled vegetables, sweet potatoes¹, beetroot, edamame^F, corn, pomegranate seeds **EXTRAS:** Walnuts^{H3}

643 kcal | € 10,90

SPRINGBREAK



delicious
WITH
CUCUMBER
TAHINI
SAUCE

BASE: Mashed potatoes^{F01,2,4} **TOPPINGS:** Peas, carrots, roasted cauliflower, red cabbage salad, cucumber, falafel balls^{A1}, caramelised onions^{01,4} **EXTRAS:** Roasted onions^{A1}

427 kcal | € 10,90

WONDERBOWL



delicious
WITH
GARLIC
INGWER
SAUCE

BASE: Couscous^{AL,FL}
TOPPINGS: Celery², red lentils^{AL,FN,3}, zucchini noodles, grilled vegetables, kidney beans, hummus^N, pomegranate seeds

805 kcal | € 11,90

ALOHA



delicious
WITH
THAI
CURRY
SAUCE

BASE: Brown rice
TOPPINGS: Sweet potatoes¹, cauliflower with curry, carrots, fried mushrooms^{AL,F}, pineapple, hummus with beetroot^{MAN,7}

599 kcal | € 10,50

👍
All salads & bowls with a sauce of your choice.

SOULMATE



delicious
WITH
CURRY
MANGO
SAUCE

BASE: Brown rice
TOPPINGS: Beetroot, avocado, corn, fried mushrooms^{AL,F}, sweet potatoes¹, mango, marinated tofu^{AL,F}
EXTRAS: Cashew nuts^{H4}

717 kcal | € 11,50

TOKIO



delicious
WITH
SOJA
PEANUT
SAUCE

BASE: White rice
TOPPINGS: Wakame seaweed salad^{AL,FN,1}, cauliflower with curry, carrots, caramelised onions^{01,4}, fried mushrooms^{AL,F}, broccoli, edamame^F

441 kcal | € 10,50

VEGGIE DELUXE



delicious
WITH
CUCUMBER
TAHINI
SAUCE

BASE: White rice
TOPPINGS: Roasted cauliflower, edamame^F, blueberries, falafel balls^{A1}, roasted chickpeas, broccoli, corn

544 kcal | € 11,50

WILD FLAVOR



delicious
WITH
HOT CHI
POTLE
SAUCE

BASE: Quinoa and brown rice
TOPPINGS: Peas, black beans^{AL,FN,0,3}, avocado, fried mushrooms^{AL,F}, carrots, beetroot, hummus with peanuts^{EF,N1,3}
EXTRAS: Coriander

704 kcal | € 10,90

HI PROTEIN



delicious
WITH
SOJA
PEANUT
SAUCE

BASE: Quinoa and brown rice
TOPPINGS: Vegan kebab, peas, black beans^{AL,FN,0,3}, roasted cauliflower, cucumber, mango, hummus with peas^N
EXTRAS: Pumpkin seeds

723 kcal | € 11,90



All bowls with wild herb salad and sesame^N.

BUDDHA



delicious
WITH
CUCUMBER
TAHINI
SAUCE

BASE: Couscous^{AL,FL}
TOPPINGS: Broccoli, red lentils^{AL,FN,3}, cucumber, corn, roasted chickpeas, caramelised onions^{01,4}, falafel balls^{A1} **EXTRAS:** Coriander

753 kcal | € 11,50

CHICKARELLA



delicious
WITH
CURRY
MANGO
SAUCE

BASE: White rice
TOPPINGS: Sweet potatoes¹, planted chicken^M, cauliflower with curry, zucchini noodles, corn, hummus with peanuts^{EF,N1,3}, caramelised onions^{01,4} **EXTRAS:** Peanuts^F

785 kcal | € 11,90

🌿
DESSERTS
Vegan ice cream from PALETAS and DEL FIORE, banana bread, drinks and more on funkybowl.de

SALADS

ITALIAN LOVE



delicious
WITH
RUCOLA
MUSTARD
SAUCE

Wild herb salad, carrots, corn, cucumber, beetroot, kalamata olives, grilled vegetables, dried tomatoes⁰², pine nuts, sesame^N

354 kcal | € 10,90

HELLO CHICO



delicious
WITH
GARLIC
INGWER
SAUCE

Wild herb salad, planted chicken^M, zucchini noodles, carrots, red cabbage salad, black beans^{AL,FN,0,3}, celery², sesame^N

309 kcal | € 10,90

GREENLAND



delicious
WITH
BALSAMIC
RASPBERRY
SAUCE

Wild herb salad, beetroot, corn, cherry tomatoes, carrots, hummus with peas^N, falafel balls^{A1}, pumpkin seeds, sesame^N

355 kcal | € 10,50

CHILLOUT



delicious
WITH
CUCUMBER
TAHINI
SAUCE

Wild herb salad, cucumber, edamame^F, cauliflower with curry, hummus^N, caramelised onions^{01,4}, roasted chickpeas, coriander, sesame^N

277 kcal | € 10,50

WRAPS

BEACHHOUSE

Wheat tortilla^{A1}, salad, hummus with peas^N, vegan kebab, caramelised onions^{01,4}, red lentils^{AL,FN,3}, cucumber tahini sauce^{FM,N1,3}

726 kcal | € 7,90

CALIFORNIA

Wheat tortilla^{A1}, salad, hummus with peanuts^{EF,N1,3}, roasted cauliflower, sweet potatoes¹, peanuts^F, soy peanut sauce^{EF,1,3}

737 kcal | € 7,50

FRESHMAN

Wheat tortilla^{A1}, salad, hummus with beetroot^{MAN,7}, beetroot, cucumber, roasted chickpeas, falafel balls^{A1}, cucumber tahini sauce^{FM,N1,3}

704 kcal | € 7,50

VEGGIE KEBAP

Wheat tortilla^{A1}, salad, hummus with beetroot^{MAN,7}, vegan kebab, caramelised onions^{01,4}, red cabbage salad, cucumber, cherry tomatoes, hot chipotle sauce^{FM,1,3}

640 kcal | € 7,90